

AUGUST 2020

EUREKA SENIOR CENTER





MENU MAY CHANGE DUE TO AVAILABILITY OF PRODUCTS.

Monday – Friday, we serve lunch from 12:00 to 12:30 PM. We provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 237-5597

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
3. Beef Stroganoff over WW Noodles Carrots WW Bread Plums	4. Pork Roast Potatoes & Gravy Mixed Veg. WW Bread Apple Crisp	5. Tavern Fish Corn French Fry's WW Bread Fr. Fruit Cup	6. Meat Loaf Potatoes & Gravy Brussels Sprouts Fruit in Jell-O WW Bread	7. Breakfast Scrambled Eggs & Ham Hash Browns Yogurt & Fruit Juice
10. Spaghetti Spinach Garlic Bread Pears Cake & Ice Cream	11. Chicken Pasta Herb Medley Veg. Spiced Applesauce WW Roll	12. Ham , Cheese, Onion, Lettuce Tomato on Tortilla Wrap Macaroni & Pea Salad Mixed Fruit	13. Pub Fish Tater Tots Cal Blend veg. Fruit in Jell-O Pudding	14. Pizza Broccoli & Cauliflower Salad Fr. Berry Cup
17. Pig in Blanket Mac & Cheese Cal Blend Veg. Pears Choc. Chip Cookies	18. Roast Beef Potatoes & Gravy Key Largo Veg. WW Roll Applesauce	19. Oven Baked Chicken Pea's & Carrots Potatoes & Gravy Rice Krispy Treat Mandarin Oranges	20. Baked fish Rice Pilaf Mixed Veg. Mixed Fruit Tapioca Pudding	21. Breakfast French Toast Scrambled Eggs Bacon Yogurt & Fruit Juice
24. Chicken Parmesan in Diced Tomato sauce Rice Pilaf w/ Carrots & Pea's Green Beans Fr. Peaches	25. French Dip On roll French Fry's Broccoli Mandarin Oranges	26. Chef Salad Cucumber, Onion & Tomato Salad Focaccia Bread Strawberries	27. Pork Chow Mein Rice Egg Rolls Pineapple & Cottage Cheese Cookies	28. Salmon Scalloped Potatoes Pea's & Corn WW Roll Pears
31. Grilled Burgers Lettuce & Tomato Baked beans Chips Fresh Orange				

NO SALAD BAR FOR THE MONTH OF AUGUST