

# October, 2016

## EUREKA SENIOR CENTER

MENU MAY CHANGE DUE TO AVAILABILITY OF PRODUCTS.

Salad bar is set up daily at 11:30 AM. Monday – Friday

we serve lunch from 12:00 to 12:30PM. An assortment of beverages is provided.

HOMEBOUND CLIENTS: Any meal cancellations or additions, *please call before 9:30 AM. 237-5597*

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
3. Beef Stew Green Salad Biscuit Mixed Fruit Tapioca Pudding	4. Fish Filet Mac & Cheese Green Beans Applesauce Cookies	5. Meat Loaf Potatoes/ Gravy Spinach WW Bread Mixed Fruit Cookies	6. Breaded Chicken Scalloped Potatoes Mixed Veg Fruit in Jell-O Muffins	7. Breakfast 10:00 Scrambled Eggs Bacon French Toast Yogurt Juice
10. BBQ Pork Sand. Butter Nut Squash Soup Tater Tots Blueberry Crisp	11. Spaghetti Carrots Green Salad Bread Straw. Ban. Pudding	12. Corn beef & Cabbage Oven Potatoes Mixed Veg. Rolls Mandarin Oranges in Jell-O Cookies	13. Chicken Pasta Spinach Garlic Bread Spiced Applesauce	14. Beef Tacos Spanish Rice Refried Beans Chips & Salsa Pears
17. Shepherds Pie WW Roll Spinach Salad Banana Pudding	18. Pork Chow Mein White Rice Egg Rolls Mixed Fruit	19. Bean Soup Fried Bread Coleslaw Cherry Cheese Pie	20. Night Dinner 4:30	21. Pizza Cottage Cheese Carrot Raisin Salad Peaches Cookies
24. Sausage Kale Soup Egg Salad Sand. Applesauce Birthday of the Month Cake Ice Cream social	25. Pork Chops Stuffing Yam Casserole Lima Beans & Pea's Green Salad Mixed Fruit	26. Breaded Fish Rice Pilaf Mixed Veg. Fruit In Jell-O Bread Pudding	27. Breakfast 10:00 Biscuits & Gravy Sausage Eggs Peaches Juice	28. <b>Closed</b>  <b>Nevada DAY</b>
31. Chili Baked Potatoes Corn Bread Mandarin Oranges Choc. Pudding				