

# NOVEMBER 2022

## EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, the Salad or Soup Bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.  
We provide an assortment of beverages.

**HOMEBOUND CLIENTS:** For any meal cancellations or additions, please call before 7:30 AM When it's breakfast & 9:30 am when it's lunch. 237-5597

If you do not call, there will be no changes to the delivery list. **Thank You**

MON.	TUES.	WED.	THURS.	FRI.
	1. Ham Sour cream Potatoes Green Beans Pears Rolls	2. Salmon Alfredo Pasta Asparagus Fruit in Jell-O	3. Beef Tacos Spanish Rice Refried beans Chips, Salsa & Nacho Cheese Peaches	4. <b>Breakfast 9:00</b> French Toast Eggs Bacon Fruited Yogurt OJ
7. Lamb Scalloped Potatoes Mixed Veg Roll Peaches	8. Meat Loaf Potatoes & Gravy Broccoli Fruit mix Roll Birthday Cake Ice Cream	9. Pork Chops in Mushroom Soup Mashed Potatoes Key Largo Veg. Fruit in Jell-O	10. <b>Breakfast 9:00</b> Biscuits & Gravy Sausage Links Eggs Fruited Yogurt V-8	11. <b>CLOSED            VETERANS            DAY</b>
14. Spaghetti Cal Blend Veg. Green Salad Garlic Bread Mandarin Oranges	15. <b>THANKSGIVING LUNCH</b> Turkey Potatoes & Gravy Stuffing Cranberry Sauce Key Largo Veg Fruit Salad Pies Rolls	16. Pork Ribs Rice Pilaf Mixed Veg. Fruit Mix	17. Roast Beef Potatoes & Gravy Brussels Sprouts WW Roll Fruit in Jell-O	18. <b>Breakfast 9:00</b> Scrambled Eggs & Ham Hash Browns English Muffin Fruited Yogurt OJ
21. Pulled Pork on Bun French Fry's Asparagus Applesauce	22. Oven Chicken Mixed Veg. Baked Potato Fruit in Jell-O No Bake Cookies	23. <b>Breakfast 9:00</b> Biscuits & Gravy Eggs Sausage Patties Fruited Yogurt V-8	24. <b>CLOSED            HAPPY            THANKSGIVING</b>	25. <b>CLOSED            FAMILY DAY</b>
28. Turkey Pot Pie Green Salad Bread Peaches	29. Pizza Green Salad Applesauce	30. Chicken Fried Steak Potatoes & Gravy Key Largo Veg. Fruit in Jell-O Roll		