

# OCTOBER 2022

## EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.


Monday – Friday, the **Salad bar or Soup bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.**

We provide an assortment of beverages.

HOMEBOUND CLIENTS: **Any meal cancellations or additions,**

**Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 237-5597**

You must call before this time to keep the delivery list the same. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
3. Sole Fish Corn Piccadilly Chips Green Salad Peaches	4. <b>Night Dinner 4:30</b> Ribs Baked Potato Key Largo Veg. Fruit Salad Frozen Strawberry Cup	5. Hot Turkey Sandwich Potatoes & Gravy Mixed Veg. Mandarin Oranges	6. Cheeseburger Potato Salad 3 Bean Salad Fresh Apple Fruit in Jell-O Cookie	7. <b>Breakfast 9:00</b> Pancakes Bacon Egg Fruited Yogurt OJ
10. Ham & Bean Soup Fried Bread Coleslaw Apple Cake Mixed Fruit	11. Lamb or Beef Stew Green Salad Applesauce Corn Bread Pudding	12. Chicken Parmesan Cal Blend Veg. Mandarin Oranges Bread Sticks	13. Pork Roast Potatoes & Gravy Broccoli WW Roll Fruit in Jell-O	14. <b>Breakfast 9:00</b> Scrambled Eggs & Ham Hash Browns English Muffin Fruited Yogurt V-8
17. Tavern Rice Pilaf Mixed Veg. Focaccia Bread Pears Cookies	18. Meat Loaf Potatoes & Gravy Asparagus Roll Peaches	19. Ham Macaroni & Cheese Key Largo Veg. Fruit in Jell-O Fresh Apple	20. Corn Beef & Cabbage Potatoes & Carrots Mandarin Oranges Roll Chocolate Birthday Cake Ice Cream	21. <b>Breakfast 9:00</b> Biscuits & Gravy Sausage patties Egg Fruited Yogurt OJ
24. Chicken Fried Steak Potatoes & Gravy Mixed Veg. Peaches Bread Sticks Brownie	25. Lasagna Cauliflower Green Salad Garlic Bread Mandarin Oranges	26. Clam Chowder Soup Tuna Sandwich Fruit in Jell-O Chips	27. <b>Breakfast 9:00</b> Eggs Bacon Hash Browns English Muffin Yogurt V-8	28. <b>CLOSED FOR NEVADA DAY</b> 
31. Sausage, Potato Casserole Fruit Mix Green Salad Corn Bread	